

# Luxembourg Lacrosse Season 2023-2023



## Season One-Pager

Dear Team,

the new season starts again and unfortunately we are struggling to get things going again. While on an individual basis, it is understandable that some of us have less time for Lacrosse, as a collective we risk of having to close the club if nothing else changes.

Luckily, we also have some bright developments, such as a promising youth development, strongly financed (thanks to Ville de Luxembourg support), a continuous access to high quality fields and material and talent on and off the field that can help us reignite the fire. Lets build on that!

See you on the field,

Pit, Henning, David, Nirav, Julia



### Youth Lacrosse:

- **Minis Lacrosse** for kids aged 3 and over, Friday nights on cessange ground from 1730 - 1830. Block 1 is 8th, 15th, 22nd and 29th of September. Block 2 is 6th, 13th, 20th and 27th October. Blocks 3 and 4 in spring 2024 will be announced in January 2024. Cost per block is EUR 20 per child, covering coaching costs and equipment. Children taking part over several blocks pay EUR 15 for second block, EUR10 for third and EUR 5 for fourth block
- **Juniors lacrosse:** players aged ten and over. Friday nights at cessange, 1830h during school terms, beginning 15 September and ending Friday 17 November

### Women & Men Lacrosse:

- We decided to again merge women's practice into men's practice on Tues (WK) and Fri (Cessange).We will have mixed lacrosse scrimmage events over the two halves.
- The 2023-2024 club membership will get you entry to
  - **Three field tournaments**
    - As "Tax Dodgers": Berlin Open (July 2024)
    - As Blacksmiths at KLax Cup in Kaiserslautern (July 2024)
    - As Luxembourg National Team in EuroLax Sixes in Faro (24, 25, 26 February 2024)
    - Registration details will be sent out for the above with a deadline to close and shortfall in numbers will be filled with Friends of Luxembourg Lacrosse. The entry excludes travel, lodging and boarding, but we will try to organise these centrally if enough people commit early.
  - We decided to **not participate in Belgian League** for 23-24 field season, however those willing to travel and play the 14 game season **have a chance to play for Braine or Lubeek teams**. Reach out to Nirav Haria for details.
  - **Social events** and further **local lacrosse games** can be organised and financed by the club. We need your initiative and support to organise these!
- **Coaching:** coaching remains a collective effort until a dedicated coach can be nominated. If you are interested, please reach out. A financial incentive
- **Fitness Mondays:**The gym at INS Cents is open for club members on Mondays from 1900-2030. You need to register with Pit Bingen to use it.

## CHECKLIST



All information about the club can be found on our website: <http://join.lacrosse.lu> Please take a minute to review if you have done all the following things.

- All members (even existing) - Signed membership form and insurance waiver: [signup.lacrosse.lu](http://signup.lacrosse.lu)
- Paid the membership fee: Adults: 135€, Youth/Students/Cross-Border: 85€, Lax Academy <16: 60€ - **to be paid by 21/10 to [clubaccount.lacrosse.lu](http://clubaccount.lacrosse.lu)**

*N.B.: The youth fee is for Lax Academy on Friday only. We encourage all players >13 to join the men's & women's practices.*

- Register on PlayerPlus to set practice and game attendances: [Men](#) / [Women](#) / Youth (TBD)
- Valid medical certificate, mandatory to be insured when playing in competitive settings ([Link](#))



## Club AGM on Friday 15th September

As paying members of the 2022/2023 season, you are all kindly invited to attend this year's club AGM

- **Time & location:** Friday 15th September in Cessange at 19h00.
- **Proxi:** If you cannot attend but want to cast your vote, please supply us with the name of your proxi.
- **Committee:** If you want to put yourself up for election in the committee, please submit your name before the AGM.

### AGM Agenda & Decisions

- Acceptance of annual accounts, discharge of the committee, and membership fees for 2022/2023
- Election of the new committee. Please contact the committee if you want to become a member of the committee.